

CIVILIAN PROVIDER AF469 REQUEST FORM

SERVICE MEMBER DEMOGRAPHICS:

PRP/FLYER? Yes No

LAST NAME _____ FIRST NAME _____ MI _____

AFSC _____ DOB _____ SSN/DOD ID# _____

MEDICAL PROVIDER:

DATE OF VISIT: ____/____/____

DIAGNOSIS:

(1) ICD 10 CODE: _____ DIAGNOSIS _____

(2) ICD 10 CODE: _____ DIAGNOSIS _____
(IF NEEDED)

(3) ICD 10 CODE: _____ DIAGNOSIS _____
(IF NEEDED)

ANTICIPATED RETURN TO FULL DUTY DATE: (Profile end date)

DIAGNOSIS 1: ____/____/____ DIAGNOSIS 2: ____/____/____ DIAGNOSIS 3: ____/____/____

SELECT THE FOLLOWING AS APPLICABLE:

FITNESS RESTRICTIONS:

(*Requires additional approval from local Medical Group, send justification documents)

No Running No Walking No Push-Ups No Sit-ups Abdominal Measurement Exemption*

OTHER RESTRICTIONS: (Check any that apply)

- No lifting more than _____ pounds with Right Left upper extremity (extremities)
- No running more than _____ yards No standing more than _____ minutes
- No bending/twisting at the waist No crawling/kneeling/stooping
- No marching/standing in formation May wear/use surgical aftercare device/shoe in uniform
- Other: _____

(PLEASE BE AS SPECIFIC AS POSSIBLE WHEN USING THE OTHER LINE, MAY USE BACK OF FORM AS NEEDED)

MOBILITY RESTRICTIONS:

- Needs more than 30 days of supervised care Unable to operate in austere environment
- Do Not Arm Administrative duties only

CLINIC NAME/CONTACT NUMBER:

PROVIDER SIGNATURE/STAMP:

Please complete and return to your assigned or nearest MTF.

When the AF469 is created/completed scan this form in to the service member's medical record.